

# Gestures

## What are Gestures?

Gestures are the vocabulary of body language. This physical vocabulary supports the words of your verbal messages.



## Types of Gestures

*Match the type of gesture to its meaning.*

\_\_\_ Number / Sequence

**A.** These gestures help the audience visualize size, shape and dimension, or help the audience visualize how to do something.

\_\_\_ Emphasis / Focus

**B.** These gestures signal a sequence, a process or a number worth remembering.

\_\_\_ Illustration / Location

**C.** These gestures help the audience understanding similarities, differences and changes.

\_\_\_ Comparison / Contrast

**D.** These gestures signal a key word or an idea that you want the audience to focus on.

## Why Do We Need Gestures?

Gestures energize your discussion. They tell the listener that you are numbering, sequencing, emphasizing, demonstrating, illustrating, or comparing information.